



Health Plan Comparison Chart

Use this chart to compare health plans in your area.

If you are in Medical Assistance, look at the copays in the **MA** column. If you are in General Assistance, see the copays in the **GA** column.

Plans for people who live in the HealthChoices Lehigh Capital Zone: Adams, Berks, Cumberland, Dauphin, Lancaster, Lebanon, Lehigh, Northampton, Perry, and York counties

																																																																																																																																																																																																																																																																																																																																																																																																																																																										
Member Services: 1-866-638-1232 7-1-1 (TTY) www.aetnabetterhealth.com	Member Services: 1-888-991-7200 1-888-987-5704 (TTY) www.amerihhealthmercyhp.com	Member Services: 1-800-392-1147 1-800-654-5988 (TTY) www.gatewayhealthplan.com	Member Services: 1-800-414-9025 711 (TTY) www.unisonhealthplan.com	Member Services: 1-866-353-4345 1-800-361-2629 (TTY) www.upmchealthplan.com																																																																																																																																																																																																																																																																																																																																																																																																																																																						
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Affiliate of UPMC Health Plan

Dental care: Members under age 21 can receive all medically necessary dental services including cleanings, x-rays, fillings, crowns, and other services. Members over age 21 can receive dental services based on their Medical Assistance benefits package and medical need.

Eye care: Members under age 21 can get eye exams. Members over age 21 can receive eye care services based on their Medical Assistance benefits package and medical need.

Prescription benefits: Members can receive brand name and generic drugs, certain over the counter drugs and vitamins, insulin supplies, and vaccines based on their Medical Assistance benefits package.

Other programs

Ask Me 3™ is available online and helps you make the most of your doctor’s visit with three questions to ask your doctor at every visit.

Case Management: If you have special health care needs, our staff can help you stay well. They will work with your doctors to provide you service. They will help you set up a care plan that is right for you.

Disease Management: If you have asthma, chronic lung disease or diabetes, a registered nurse will answer your questions. The nurse will work with your doctors to help you stay healthy.

Medline: Have a question about your health? Medline is an online tool to help you get information.

Member Services: We are here 24 hours a day to help you with any questions you may have.

Pregnant? Get a free baby book about having a healthy baby. You may also talk with a nurse about your pregnancy.

Prevention and Wellness programs to help you stay healthy. This includes reminder cards to get your flu shot or your mammogram. If you have children, you may get reminders for your child’s well-visit or shots. Provides information on how to stop smoking and other helpful subjects.

Dental care: Members under age 21 can receive all medically necessary dental services including cleanings, x-rays, fillings, crowns, and other services. Members over age 21 can receive dental services based on their Medical Assistance benefits package and medical need.

Eye care: Members under age 21 can get eye exams. Members over age 21 can receive eye care services based on their Medical Assistance benefits package and medical need.

Prescription benefits: Members can receive brand name and generic drugs, certain over the counter drugs and vitamins, insulin supplies, and vaccines based on their Medical Assistance benefits package.

Other programs

Children’s Art Contest helps young members learn about better health and display their art skills.

Extra Eye Care Benefits: All members are eligible to receive routine eye exams. All members can receive prescription eyeglasses or prescription contact lenses.

Health Education from A to Z: Visit our website to learn about a variety of health topics.

Healthy Hoops® uses basketball to teach children and their families about asthma.

Healthy You, Healthy Me: A childhood weight management program that encourages physical activity and proper nutrition for children ages 8 to 13.

Help Getting Care: We help schedule appointments for your children. We call you with reminders for needed health services. Our nurses help manage your asthma, COPD, diabetes, heart, and other conditions.

Member Scholarship Program offers higher education scholarships to members through an employee funded program.

Nurse Call Line: Provides help and information 24 hours a day, 7 days a week.

Quit Smoking Program provides counseling and other services.

Urgent Care Centers provide urgent medical services when your PCP’s office is closed so you do not have to go to an emergency room.

WeeCare Program: Pregnant moms receive personal services, support, information, a visit from a home nurse when the baby is born, and a gift for mom and baby.

Women’s Wellness Empowerment Program: Offers health screenings, information, workshops, education and spiritual inspiration.

Dental care: Members under age 21 can receive all medically necessary dental services including cleanings, x-rays, fillings, crowns, and other services. Members over age 21 can receive dental services based on their Medical Assistance benefits package and medical need.

Eye care: Members under age 21 can get eye exams. Members over age 21 can receive eye care services based on their Medical Assistance benefits package and medical need.

Prescription benefits: Members can receive brand name and generic drugs, certain over the counter drugs and vitamins, insulin supplies, and vaccines based on their Medical Assistance benefits package.

Other programs

“AIR” Gateway™ helps members with asthma get the care they need and learn how to keep the asthma under control.

Diabetes Care Day: Members receive a gift card for getting a diabetes screening on Diabetes Care Day.

Eye care benefits: All members can receive routine eye exams and in-plan designer frames covered in full or a \$20 allowance for frames that are not in-plan. Members under age 21 can receive up to 2 pairs of eyeglasses and 1 pair of standard contact lenses or \$75 toward disposable contacts each calendar year if needed. Members age 21 and over can receive 1 pair of eyeglasses or 1 pair of standard contact lenses or \$75 toward disposable contacts per calendar year if needed.

Help Your Heart teaches adult members about their heart problems and how they can prevent their conditions from getting worse.

Healthy Returns Diabetes Program helps members with diabetes understand how diet and medication can keep their blood sugar under control.

Help with Special Needs assists members in taking care of their health and getting the care they need.

MOM Matters™: Provides education and support to help pregnant women have a healthy baby. Rewards moms-to-be with a free baby stroller, infant/toddler car seat, or Safe Sleep Set for completing the program.

Prospective Care Management (PCM®) helps members with unique challenges identify their behavioral, environmental, economic, medical, social, and spiritual (BEEMSS™) issues.

Dental care: Members under age 21 can receive all medically necessary dental services including cleanings, x-rays, fillings, crowns, and other services. Members over age 21 can receive dental services based on their Medical Assistance benefits package and medical need.

Eye care: Members under age 21 can get eye exams. Members over age 21 can receive eye care services based on their Medical Assistance benefits package and medical need.

Prescription benefits: Members can receive brand name and generic drugs, certain over the counter drugs and vitamins, insulin supplies, and vaccines based on their Medical Assistance benefits package.

Other programs

Child exams: Rewards members up to \$90 in gift cards for taking your child to all necessary exams during the first year.

Gold Star Providers: Members who see Unison Gold Star providers need no referrals and fewer prior authorizations.

Health Care Programs help members with asthma, diabetes, cardiac, and complex Adult and Pediatrics. Members have direct access to their own nurse, who answers health questions and helps members overcome barriers.

Member Assistance: We can help you get the most from your benefits and help you find a doctor close to home or when urgently needed away from home.

Miracles/Healthy First Steps program helps pregnant members understand the importance of good prenatal care, answers member’s questions, and helps members access needed care for a healthy baby. Incentive rewards are available to members who participate in the program and go to their doctor visits.

Dental care: Members under age 21 can receive all medically necessary dental services including cleanings, x-rays, fillings, crowns, and other services. Members over age 21 can receive dental services based on their Medical Assistance benefits package and medical need.

Eye care: Members under age 21 can get eye exams. Members over age 21 can receive eye care services based on their Medical Assistance benefits package and medical need.

Prescription benefits: Members can receive brand name and generic drugs, certain over the counter drugs and vitamins, insulin supplies, and vaccines based on their Medical Assistance benefits package.

Other programs

Health Coaches help you take care of your health.

Health Management Programs: Our programs help keep you healthy and provide you with a personal health coach. Our programs for asthma, cardiovascular heart disease (coronary artery disease and congestive heart failure), COPD (chronic obstructive pulmonary disease, which is a lung disease), diabetes, and maternity will help you to be as healthy as you can be.

Member Assistance: We help you find doctors close to your home and remind you when your child needs shots.

Mobile outreach staff meets with you in person.

MyHealth Advice Line provides health care advice 24 hours a day, 7 days a week.

A Personal Member Advocate answers your questions and helps you make decisions about your medical, vision, dental, and pharmacy benefits at no cost to you.

UPMC for a New Beginning helps pregnant women get the care they need to have a healthy baby. Rewards moms-to-be with an infant car seat at no cost to you for completing the program.